

WHERE YOU CAN GET HELP AND ADVICE



Citizens Advice Bureau

Telephone: For England call 03444 111 444 For Wales: 03444 772 020 For Scotland: 0800 028 1456
Alternatively you can contact your local office, details can be found at the following website.

Website: www.citizensadvice.org.uk

Shelter

Telephone: 0808 800 44 44
Free housing advice line available Monday - Friday 8.00am – 8.00pm and 9.00am – 5.00pm Weekends

Website: www.shelter.org.uk

FOR HELP AND ADVICE IN DEALING WITH FINANCIAL DIFFICULTIES

National Debt Line

Telephone: 0808 808 4000 Monday – Friday 9.00am to 8.00pm and 9.30am to 1.00pm Saturdays.

Step Change

Telephone: 0800 138 1111 Monday – Friday 8.00am – 8.00pm and 8.00am to 4pm Saturdays.

FORMER AND CURRENT SERVICES ADVICE

Veterans Gateway

Telephone: 0808 802 1212 Available 7 days a week 24 hours a day

Text: 81212

Website: www.veteransgateway.org.uk

SSAFA: The Armed Forces Charity

By Post: SSAFA, 4 St Dunstan's Hill, London, EC3R 8AD

Telephone: 0800 731 4880 Monday – Friday 9.00am – 5.30pm (Message service available at all other times)

Website: www.ssafa.org.uk

Royal British Legion

By Post: Royal British Legion, 199 Borough High Street, London, SE1 1AA

Telephone: 0808 802 8080 Available 7 days a week between 8.00am – 8.00pm

Website: www.bristishlegion.org.uk

Veterans UK

Post: Veterans UK, MOD, Norcross, Thonton Cleveleys, FY5 3WP

Email: Veterans-uk@mod.uk

Telephone: 0808 1914 218 Monday – Friday 8.00am – 5.00pm

Website: www.gov.uk/veterans-uk